

## What to Wear at SCC

As a nature-based program committed to outdoor play and learning in all seasons, children of all ages spend time outside every day. Our staff are trained in nature-based education best practices and provide opportunities for children to explore our natural surroundings including the woods on site and the trails walking distance from SCC. Children engage in outdoor free play, guided activities, monthly programs with Squam Lakes Natural Science Center, and hikes.

### **CLOTHING & OUTDOOR GEAR**

In order for children to fully participate in our program, they must come to school in appropriate clothing and outdoor gear for each season. We believe there's no such thing as bad weather as long as you have the right clothing. Knowing how to dress for different weather conditions is part of the learning and play that happens at SCC. Children should be dressed in clothing that allows freedom of movement and is easy to put on and take off including buttons, snaps, and zippers. We ask families to practice putting on clothing and outdoor gear with their children at home so that they can be as independent as possible while at SCC. Independence not only increases confidence but also smoothes transitions, especially for bathroom breaks.

Please make sure your child wears appropriate, safe, outdoor footwear that has a sturdy sole and closed toe. Sneakers, hiking shoes, and insulated boots in winter are all excellent options. Children must have a pair of indoor shoes that stay at school in their cubby to change into when in the classroom.

We understand that quality waterproof gear is expensive. And we know that quality gear can make all the difference in allowing kids to play comfortably outside in all weather. For those families that are able to purchase personal gear for their child(ren) SCC does an annual order with Oaki who provides our families wholesale pricing. Families who would like to order outside of this opportunity can request a code for our SCC online discount. If purchasing personal gear is cost prohibitive, SCC has an outdoor gear locker with one piece rain suits, waterproof rubber boots, and wool socks that are available for children to use while at SCC.

**FALL & SPRING:** Spare changes of clothes to stay at SCC, waterproof rubber boots, close-toed shoes, light gloves, rain jacket, rain pants, layers for chilly days (fleece, light jacket), hat

**WINTER:** Spare changes of clothes to stay at SCC, insulated snow boots, warm socks (wool is best!), snow jacket and snow pants (one piece suit strongly

recommended for toddlers), 2 pair of waterproof mittens, hat and neck warmer, layers

**SUMMER:** spare change of clothes to stay at SCC, waterproof rubber boots, closed-toe shoes, rain jacket, hat

Please label everything your child wears and brings to school.

### **SUNSCREEN & BUG SPRAY**

During warmer months, please apply bug spray and sunscreen to your child each morning before arriving at SCC and leave a bottle of each labeled with your child's name for staff to reapply as needed. Parents or guardians must sign a release allowing SCC staff to reapply family provided sunscreen and bug spray. SCC will not provide or share children's sprays or lotions. **Please do not send aerosol sprays.**