

Toddler Class at Sandwich Children's Center  
Parent Information

*"There is no description, no image in any book that is capable of replacing the sight of real trees, and all of the life to be found around them in a real forest." -Maria Montessori*

Welcome to the toddler class at Sandwich Children's Center! As a nature-based program we believe there is no such thing as bad weather and spend time outdoors every day, year round.

PLEASE LABEL ALL BELONGINGS including lunch boxes, extra clothes, sheets, water bottles, etc.

### What to Bring Each Day

- ❖ Outerwear and footwear appropriate for the season and weather. Clothing and shoes should be comfortable and safe for painting, water/sand exploration, running, digging, climbing, etc. In colder months, children must have winter jackets, gloves, hats, appropriate layers, boots, and snowpants/snowsuits. On rainy days, children should have a raincoat, rain pants, and rain boots.
- ❖ Reusable water bottle. This will go home each day to be washed and returned the next day.
- ❖ Morning snack, afternoon snack and lunch
  - Food should be packed in insulated containers with an ice pack. If your child prefers their food warm, please send it in a thermos.
  - Good nutrition plays an important role in children's physical, mental, and emotional health, and behavior. To increase children's awareness of food choices and promote sound nutritional habits, families are encouraged to avoid overly processed and packaged food, and refrain from sending candy, cookies, yogurts with artificial dyes, sprinkles, and so on.
  - State regulations require that we **do not serve foods** which can cause a choking hazard to children younger than 3 years of age, including:
    - Spoonfuls of nut or sunflower seed butter
    - Whole or rounds of hot dogs or sausage;
    - Whole grapes
    - Raw carrot rounds, peas or celery
    - Chips or hard pretzels
    - Marshmallows, hard candy, and gummies
    - Nuts or seeds
    - Popcorn
    - Other hard or cylinder shaped foods that may pose a choking hazard
  - SCC is nut free due to the risk of allergies.

## What to Bring to Leave at School

- ❖ 2-4 pictures of your child and your family which will be laminated and placed on a ring clip to keep available in the classroom. You can email these if you are unable to print them at home.
- ❖ Indoor shoes (hard soled slippers, crocs, etc. all work great!)
- ❖ A complete change of clothing (including socks!) in case your child gets wet or dirty. Remember to replace these when used and update when seasons change
- ❖ Blanket and sheet for rest time (sent home Fridays to be washed at home and returned on Monday)
- ❖ Diapers, wipes, and rash cream (as needed)

### Toddler Class at Sandwich Children's Center Sample Daily Schedule

8:00- 9:00: Families arrive, check in with teachers, self-directed play for children

**Families say goodbye by 9:00**

9:15- 9:45: Morning snack

9:45-11:45: Self-directed play with emergent curriculum (indoors and outdoors)

11:45-12:00: Pick up for half-day children

12:00-12:30: Lunch

1:00-2:30: Rest or self-directed play

2:30-3:00: Afternoon snack

3:00-4:30: Self-directed play with emergent curriculum (indoors and outdoors)

Children have their diapers changed and use the toilets according to their own individual needs.

Outdoor times may change due to weather conditions. Children will be outside every day.