

Please inform the director if your child has tested positive for COVID-19 or has been diagnosed with any contagious, reportable illness.

If your child exhibits any of the following while at Sandwich Children's Center (SCC), we will call for you to pick up your child (within one hour) at the discretion of the Director.

- Conjunctivitis, also called "Pink Eye"
- Scabies, head lice or other infestations
- Any rash suspicious of a contagious childhood disease
- Constant, uncontrolled nasal discharge or constant, uncontrolled productive cough
- Any illness requiring one-on-one care
- Any contagious illness that is reportable to the Department of Public Health. The Director has a complete list
- Covid-19 (see below for further instructions)

After a child has been ill, the following conditions must be met before he/she returns:

- The child is free from fever, vomiting, diarrhea for a full 48 hours and has a negative PCR test.
- A child prescribed an antibiotic must take the prescription for a full 24 hour prior to return.
- A child must be free of open, oozing skin conditions unless a health care provider signs a note stating the condition is not contagious OR the affected area can be completely covered by a bandage.
- A child with scabies, lice or other infestation may return 24 hours after treatment is begun with a note from the health care provider stating that child is free of larvae or nits.
- A child with any reportable contagious illness (example: measles) must have a health care provider note stating they are no longer contagious.
- Any unidentified rash will be asked to not return to school unless there is a doctor's note stating that it is not contagious.

While operating under Covid-19 guidelines, please observe the following upon arrival at SCC:

- Ensure you and your child both have properly fitting masks. All individuals over the age of two must wear masks at all times while indoors.
- Sanitize or wash your child's hands
- Check your child's temperature
- Complete COVID screening sheet

If your child or a member of their household has any of the following symptoms, your child must remain at home until a negative PCR and 48 hours free from fever (in the absence of antipyretics) or after a 10-day quarantine and 48 hours free from fever (in the absence of antipyretics). If your child exhibits any of these symptoms while attending the SCC, you will be notified and are expected to pick up your child within one hour.

- Fever (temperature of or above 100.4F)

- Respiratory symptoms (cough, uncontrollable runny nose, sore throat, shortness of breath)
- Gastrointestinal symptoms (diarrhea, nausea or vomiting)
- Complaint about loss of taste or smell
- Headache, body aches or malaise

In accordance with CDC policy, children and staff who have a confirmed case of Covid-19 must isolate and may not attend SCC. Children and staff may return to SCC after a ten-day isolation period, 48 hours with no fever (in the absence of antipyretics) and improvement of other covid-related symptoms. If a child or staff member has a weakened immune system or has suffered from a severe case of covid-19, please reach out to the SCC to be put in touch with members of the health committee for further guidance.

Exposure to COVID-19

- Children and unvaccinated staff: If you have had close contact with a non-household person with COVID, you may choose not to test and stay home for 10 days after your last exposure. You may return to SCC after day 7 if you have been both asymptomatic and have had a negative PCR after day 5 of exposure. If unable to obtain a PCR, negative home rapids x 2, starting on day 5 and separated by 36 hour will suffice. Asymptomatic, unvaccinated family members of students or staff who have been deemed a close contact should isolate until the close contact has received a negative test or until they have completed a 7 day quarantine and had a negative PCR on or after day 5 of exposure (or the rapid testing option listed above).
- If the exposure is from a household contact, staff and children have two options:
 - If it is possible to isolate from the positive person (ie-not share a living space), he or she may choose to not test and complete a 10-day isolation period beginning at the last contact with the positive household member. If asymptomatic, the child or staff member may return to SCC once they have completed the isolation period, had 48 hours with no fever (in the absence of antipyretics) and shown no covid symptoms. If symptomatic, the household member should begin their 10-day isolation from the onset of symptoms.
 - If the household member of a positive case develops clear covid symptoms (listed above) they may choose not to test and to begin their 10-day isolation at the onset of symptoms or to test and complete their isolation 10-days from symptoms or the positive result, whichever comes first. They may return to SCC after the isolation has been completed, 48 hours of no fever (in the absence of antipyretics) and an improvement of symptoms.
- Full vaccinated staff: If you have had close contact with someone with Covid-19 (including household members) and are asymptomatic, the CDC does not require quarantine, but they do recommend you get tested 3-5 days after your exposure, even if you don't have symptoms. You should also wear a mask indoors in public (if you aren't already) for 14 days following exposure or until your test result is negative. You should isolate for 10 days if your test result is positive.

- Unvaccinated individuals or children who have had a confirmed case of COVID within the past 3 months: You do not need to be tested unless you have an occurrence of new symptoms.
- Close contact is defined as within 6 feet of an infected person for a cumulative total of 15 minutes or more within a 24-hour period.

Please visit the NH DHHS and CDC websites for further information:

CDC:

<https://www.cdc.gov/coronavirus/2019-ncov/communication/guidance.html>

NH DHHS:

<https://www.covid19.nh.gov>