

SCC Health & Wellness Policy

Revised 9/1/2023

We understand that it is challenging for parents and guardians to miss work. However, exclusion from SCC programs may be necessary to reduce the transmission of illness in our school community. Mild illnesses are common among young children and infections are often spread before the onset of any symptoms.

If Your Child is Sick

If your child presents with any of the symptoms or behaviors below, we ask you to keep your child home for your child's comfort and to reduce the risk of infection. If these symptoms or behaviors begin while your child is at SCC, you will be called and required to pick up your child as soon as possible, no later than one hour from notification.

- Conjunctivitis, also called "Pink Eye"
- Scabies, head lice, or other infestations
- Any rash suspicious of a contagious childhood disease
- Constant nasal discharge
- Consistent productive cough
- Diarrhea, stools with blood or mucus, and/or uncontrolled, unformed stools that cannot be contained in a diaper/underwear or toilet.
- Vomiting
- Fever (temperature of or above 101.4F)
- Illness that prevents the child from participating comfortably in program activities including outdoor time
- Illness that results in greater need for care than our educators can provide without compromising the health and safety of other children.

Return to SCC- Children may return to SCC when:

- They are able to participate comfortably in all usual program activities, including outdoor time.
- Their symptoms have resolved or significantly improved
- They are free of fever, vomiting and diarrhea for a full 48 hours without medication.
- If prescribed an antibiotic they have taken the prescription for a full 24 hours
- They are free of open, oozing skin conditions unless the child's health-care provider signs a note stating that the child's condition is not contagious and the involved areas can be covered by a bandage without seepage or drainage through the bandage .
- A child with scabies, lice or other infestation may return 24 hours after treatment is begun with a note from the health care provider stating that the child is free of larvae or nits.
- A child with any reportable contagious illness (example: measles) must have a health care provider note stating they are no longer contagious.
- A child with an unidentified rash must have a doctor's note stating that the rash is not contagious.

SCC COVID Guidelines

The overlap between COVID-19 symptoms with other common illnesses means that some people with symptoms of COVID-19 could be ill with something else. This is even more likely in young children, who typically have multiple viral or bacterial illnesses each year. Although COVID-19 and other common illnesses such as colds, flu, or ear infections have similar symptoms, they are different diseases.

If your child is sick/symptomatic:

If your child has any of the following symptoms they must stay home. If any of the following symptoms present while they are at SCC parents/guardians will be called and required to pick up their child as soon as possible and no later than one hour from notification.

- Fever, temperature 101.4F or higher, or chills Cough
Shortness of breath or difficulty breathing Fatigue
- Muscle or body aches Headache
- New loss of taste or smell Sore throat
- Congestion or runny nose
- Diarrhea, vomiting, or stomachache

Testing for the newer COVID variants has been somewhat challenging, with rapid tests often missing the infection until a day or two after symptoms begin. If you'd like to use a rapid on the first day of symptoms, we require a second rapid test 24 hours later if the first is negative. Only one rapid test is needed for people who are 2 or more days into symptoms. If testing is negative, your child may return to SCC once they meet "Return to SCC" conditions. If you choose to not test your child for COVID, your child must stay home for 10 days.

If your child has COVID

Children who have presumed or confirmed COVID-19 have 2 options for return:

1. Stay home and isolate for at least 10 full days after the onset of symptoms or a positive COVID test, whichever came first.
2. Begin rapid testing on day 5 of illness. If a single rapid test is negative the child can return if they also meet the conditions under "Return to SCC" in the sick policy above.

If your child is a close contact of someone who has COVID:

SCC encourages vigilance for symptoms while remaining at the Center in the event of a confirmed exposure. Per the CDC, close contacts are those who were less than 6 feet away from an infected person (laboratory-confirmed or a clinical diagnosis) for a cumulative total of 15 minutes or more over a 24-hour period. If your child develops symptoms in the 5 days following exposure, the Center will require testing and symptom improvement to return. Since there can be a period where symptoms precede a positive test, the Center will require negative tests on 2 consecutive days in order to comfortably say the symptoms are not due to COVID. After the second negative test and "Return to SCC" criteria are met per above, the child may return to the center.